

JBMS CHEER CLINIC 2020

What: Try-out Cheer Clinic sponsored by JBMS Cheerleaders

When: Wednesday, March 4th, 2020 from 4:15pm-6:30pm

Where: James Bowie Middle School, Girl's Gym

Who: Students interested in trying out for JBMS Cheer 2020-2021

Why: The purpose of this clinic is to introduce the fundamentals of cheerleading, motion technique and spiring relating to school cheer.

Fee: \$10.00 per participant. The clinic includes instruction by coach and current JBMS cheerleaders. Participants will also receive a snack and drink.

What to wear: Loose fitting t-shirt, shorts (no spandex and no jeans please), tennis shoes, socks, and NO jewelry. Hair should be pulled back and out of the face.

Register: The Registration Form and payment, may be turned in to Coach Guillaume in Room 818. Cash (exact change only) or checks will be accepted. Make checks payable to JBMS.

FORM & PAYMENT ARE DUE BY END OF DAY, FRIDAY 2/28

Extra information:

Participants will hear from current JBMS cheerleaders and be able to ask questions

Participants will be walked through the try-out process.

Participants will rotate through stations working on skills such as jumps, tumbling, and motions.

For more information email:

Coach Guillaume at cara.guillaume@fortbendisd.com

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Registration Form

Student Name _____ Grade _____

Food Allergies _____ 7th Period Teacher _____

Parent Name: _____ Phone Number: _____

Email: _____

I, _____, being the parent of or legal guardian of _____ participating in the “JBMS Cheer Clinic 2020” on March 4, 2020, release, discharge, hold harmless, and forever acquit the Fort Bend ISD, or other local sponsors and there officers, agents, representatives, and employees from any and all actions, cause of action, claims, or any liabilities, whatsoever, known or unknown now existing or which may arise in the future, on account of or in any way related to or arising out of my child’s participation in the JBMS Cheer Clinic.

Signature _____ Date _____

Print name _____